

# PILATES ON TAY



## Terms and Conditions

By booking private sessions/group studio sessions with Pilates on Tay you are agreeing to the terms and conditions as set out below.

We want you to enjoy and benefit from your Pilates experience. The terms and conditions below are set out to help you do this.

*From us you will receive:*

- Expert, experienced teaching
- High quality equipment

## Payment

Your studio group / private sessions is not confirmed until we have received payment from you. If you choose to pay by cheque or cash, your place is only secure once we have received it and notified you of receipt.

## Cancellation Policy

We ask for a minimum of 48hours notice for one to one sessions and studio group sessions. If less than 48 hours notice (Monday to Friday) is given, we do charge the full amount in all circumstances.

All studio group sessions and private sessions, once booked, are non-refundable, non-changeable and non-transferable to another person. This is applicable in all circumstances.

A block of 5/10 studio sessions that carry a discounted fee must be prepaid 7 days in advance to qualify for the discount. Failure to comply with this requirement will invalidate the discount and sessions thereafter will be charged at £25 per studio group session.

All private sessions and group sessions are valid 3 months from date of purchase, after which they are void.

## Equipment

We supply all the equipment you need.

## The Classes, Studio and You

It is a requirement of attending a studio group session or private studio session that you fill in an enrolment form. It asks you to agree to the following conditions for us to teach you:

- I understand that my teacher is qualified and insured Pilates mat work or Studio teacher.
- I understand that all exercise carries a risk of injury and will take responsibility for my own body.
- I will tell the teacher of anything painful/unusual I experience in the class or between classes.
- I will stop doing the exercise if I s/he thinks I need to follow the alternatives my teacher gives me.
- I understand my teacher may offer me professional advice relating to my ability to exercise and s/he may consider it unprofessional to continue to teach me if I do not wish to follow that advice.
- I will keep my teacher updated on any changes in my medical condition.
- I agree to the terms and conditions of the group studio sessions /private studio sessions as published on the website

If you have any problems in-group studio sessions or any concerns do please tell us and we will do our best to help.

We reserve the right to cancel a private / group studio sessions if the teacher is unavailable due to illness or unforeseen circumstances

If there is not enough people booked into the studio group session we reserve the right to cancel the session and a credit will be issued.

For one to two classes, you and a friend/relation commit to a mutually agreed appointment slot and book a block of 5 or 10 pre - paid sessions. When you book your appointments we can work around holidays and other such commitments, but if you have to cancel a session, you need to give us and your friend 48 hours notice or understand that if you cannot the session will go ahead and you will have paid for it and is non refundable.